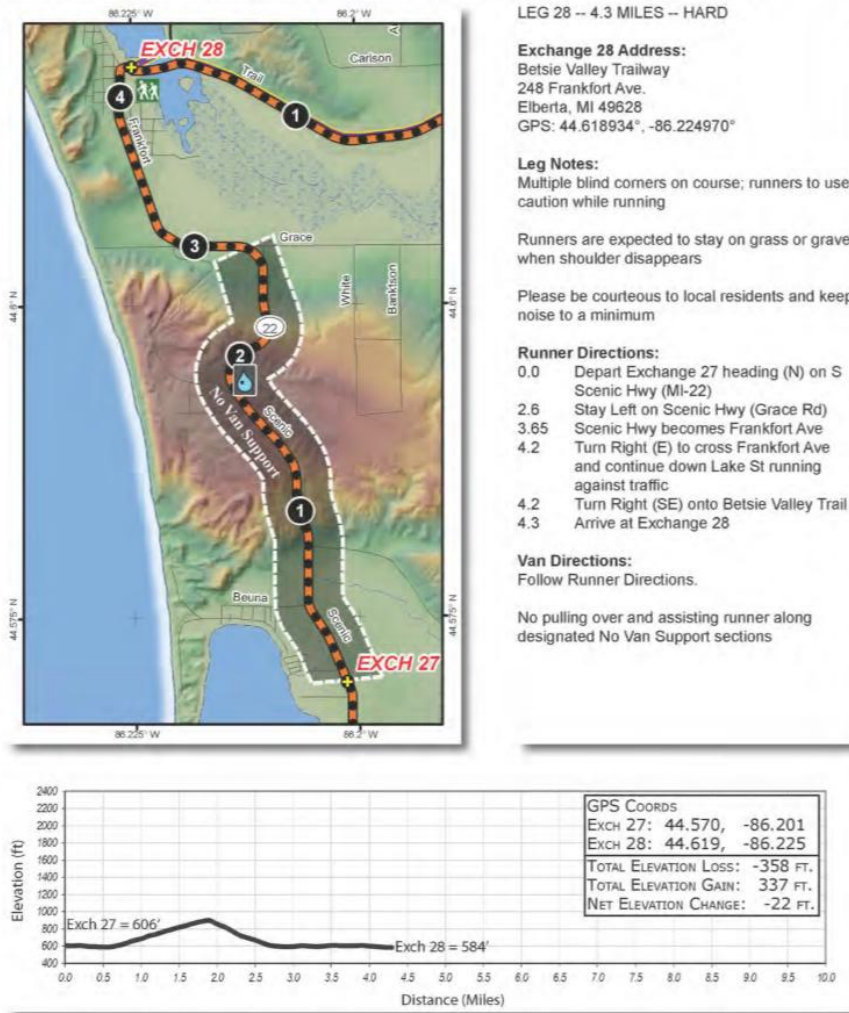


Running Race Event Comes Through CLT

The Ragnar Relay is a 200 (ish)-mile running relay, consisting of 36 relay legs, stretching from Muskegon, MI to Traverse City, MI. Teams, for the relay, consist of 6-12 runners who will alternate in a relay format to cover all 36 legs. Each leg ranges from about 3 to 8 miles and vary in difficulty.

Runners have come through Crystal lake Township for three years now. This year is spanning September 28th and 29th; runners will be here on M-22 and River Road on Saturday, Sept. 29th.

LEG 28 -- 4.3 MILES -- HARD -- PARTIAL NO VAN SUPPORT



LEG 28

To date, Ragnar Events has presented over 60 events in over 16 states. Ragnar Relays now are considered the largest series of overnight relays in the world. For more information, see www.ragnarreal.com.